



# CLASS SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Tiny Champions</b> 30 minutes, Pre-K and K	3:30 PM		3:30 PM			
<b>Little Champions</b> 30 minutes, Black Belt Training +15 min	4:00 PM / 5:45 PM	3:30 PM / 5:15 PM	4:00 PM / 5:45 PM	3:30 PM / 5:15 PM		
<b>Champions</b> 45 minutes, Black Belt Training +15 min	4:45 PM / 6:30 PM	4:15 PM / 6:00 PM	4:45 PM / 6:30 PM	4:15 PM / 6:00 PM		
<b>Teens / Adults</b> 45 minutes, Black Belt Training +15 min	7:30 PM	7:00 PM	7:30 PM	7:00 PM		

**Arrive 5 minutes prior to scheduled class.**

Quietly prepare for class, not disturbing the class in session.

**Martial Arts begins and ends with maximum courtesy and respect.**

Parents please maintain a quiet tone when a class is in session and please restrain from correcting your child. We do not want to disrupt the student on where they should be focused.

**Seminars Offered Monthly**

Parent's Night Out, Birthday Parties, Kid Safe Anti-Abduction, Bully Proof, ABC's of Success, Goal Setting, and more!

**Join Our Private Facebook Group**

Search  
<https://www.facebook.com/groups/1072551773109409>