PREMIER MARTIAL ARTS

CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tiny Champions 30 minutes, age 3-4		3:15 PM		3:15 PM		Host
Little Champions 30 minutes, age 5-7, Black Belt Training +15 min	3:45 PM 5:45 PM	3:45 PM 5:45 PM	3:45 PM 5:45 PM	3:45 PM 5:45 PM		A
Kids Martial Arts 45 minutes, age 8-12, Black Belt Training +15 min	4:30 PM 6:30 PM	4:30 PM 6:30 PM	4:30 PM 6:30 PM	4:30 PM 6:30 PM		Birthday Party
Teens 45 minutes, age 13-16, Black Belt Training +15 min	7:30 PM		7:30 PM			With
Adults 1 hour, age 17+, Black Belt Training +30 min		7:30 PM		7:30 PM		Us!

Arrive 5 minutes prior to scheduled class.

Quietly prepare for class, not disturbing the class in session.

Martial Arts begins and ends with maximum courtesy and respect.

Parents please maintain a quiet tone when a class is in session and please restrain from correcting your child. We do not want to disrupt the student on where they should be focused.

Seminars Offered Monthly

Parent's Night Out,
Birthday Parties,
Kid Safe Anti-Abduction,
Bully Proof, ABC's of Success,
Goal Setting, and more!

Join Us on Social Media!

IG: PMATrophyClub
FB: PMA Trophy Club