



CLASS SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tiny Champs 30 minutes, age 3-4	3PM		3PM			
Little Champs 30 minutes, age 5-7, Black Belt Training +15 min	3:30 PM 6:00 PM	3:30 PM 6:00 PM	3:30 PM 6:00 PM	3:30 PM 6:00 PM		
PMA Kidz 45 minutes, age 8-12, Black Belt Training +15 min	4:15 PM 6:45 PM	4:15 PM 6:45 PM	4:15 PM 6:45 PM	4:15 PM 6:45 PM		
Teens 45 minutes, ages vary, Black Belt Training +15 min		7:45 PM		7:45 PM		
Adults 45 minutes, ages vary, Black Belt Training +30 min	7:45 PM		7:45 PM			

Arrive 5 minutes prior to scheduled class.

Quietly prepare for class, not disturbing the class in session.

Martial Arts begins and ends with maximum courtesy and respect.

Parents please maintain a quiet tone when a class is in session and please refrain from correcting your child. We do not want to disrupt the student on where they should be focused.

Special Events!

Parents Night Out,
 Birthday Parties,
 Spar Nights,
 Tournaments,
 More!

Check out our REVIEWS on Google!

Facebook Page:
<https://www.facebook.com/premiermartialartshamburg>
<https://www.facebook.com/PremierMartialArtsSouthLex/>