



Premier Martial Arts Fairwood
 14240 SE 176th St, Renton, WA 98058
 (425) 818-3344

CLASS SCHEDULE

PROGRAM	CLASS OPTIONS					
Tiny Champs 30 minutes Age 4	Wednesday 4:15p-4:45p					
Little Champs 30 minutes Ages 5-7 (+15 min for BBT)	Mon/Thurs 4:15p-4:45p	Mon/Thurs 6:10p-6:40p	Tues/Fri 5:20p-5:50p	Tues/Fri 6:10p-6:40p		
PMA Kids 45 minutes Ages 8-12 (+15 min for BBT)	Mon/Thurs 5:05p-5:50p	Mon/Thurs 7:00p-7:45p	Tues/Fri 4:15p-5:00p	Tues/Fri 7:00p-7:45p	Wednesday 6:00p-6:45p Saturday 9:05a-9:50a	Wednesday 7:05p-7:50p Saturday 10:10a-10:55a
Teens 45 minutes Ages 13-17 (+15 min for BBT)	Mon/Wed 8:05p-8:50p					
Adults 60 minutes (+30 min for BBT)	Tues/Thurs 8:05p-9:05p					
Premier Training 60 minutes	Saturday 11:25a-12:25p					
Leadership Training 60 minutes	Saturday 12:30p-1:30p					

*Effective January 1, 2024