



# CLASS SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Tiny Champions</b> <small>30 minutes, age 3-4</small>	3:30 PM	4:00 PM	3:30 PM	4:00 PM		9:30 AM
<b>Little Champions</b> <small>30 minutes, age 4-7, Black Belt Training +15 min</small>	4:00 PM 5:45 PM	5:00 PM 6:45 PM	4:00 PM 5:45 PM	5:00 PM 6:45 PM		10:00 AM
<b>Kids Martial Arts</b> <small>45 minutes, age 8-12, Black Belt Training +15 min</small>	4:45 PM 6:30 PM	5:45 PM	4:45 PM 6:30 PM	5:45 PM		10:00 AM
<b>Teens / Adults</b> <small>45 minute, age 12+, Black Belt Training +30 min</small>	7:30 PM	7:30 PM	7:30 PM	7:30 PM		
<b>Premier Training</b> <small>Level One: 45 min, Level 2: 45 min</small>					6:15 PM	

Arrive 5 minutes prior to scheduled class.

Quietly prepare for class, not disturbing the class in session.

Martial Arts begins and ends with maximum courtesy and

Parents please maintain a quiet tone when a class is in session and please refrain from correcting your child. We do not want to disrupt the student on where they should

Seminars Offered Monthly

Parent's Night Out, Birthday Parties, Kid Safe Anti-Abduction, Bully Proof, ABC's of Success, Goal Setting, and more!

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