



Premier Martial Arts Fairwood
 14240 SE 176th St, Renton, WA 98058
 (425) 818-3344

CLASS SCHEDULE

PROGRAM	CLASS OPTIONS					
Tiny Champs 30 minutes Age 4	Wednesday 4:00p-4:30p					
Little Champs 30 minutes Ages 5-7 (+15 min for BBT)	Mon/Thurs 4:00p-4:30p	Mon/Thurs 5:55p-6:25p	Tues/Fri 5:05p-5:35p	Tues/Fri 5:55p-6:25p		
PMA Kids 45 minutes Ages 8-12 (+15 min for BBT)	Mon/Thurs 4:50p-5:35p	Mon/Thurs 6:45p-7:30p	Tues/Fri 4:00p-4:45p	Tues/Fri 6:45p-7:30p	Wednesday 5:40p-6:25p Saturday 9:05a-9:50a	Wednesday 6:45p-7:30p Saturday 10:10a-10:55a
Teens 45 minutes Ages 12-17 (+15 min for BBT)	Mon/Wed 7:50p-8:35p					
Adv Teens/Adults 90 minutes Ages 16+ (BBT Required)	Tues/Thurs 7:50p-9:20p					
Premier Training 60 minutes	Saturday 11:20a-12:20p					
Leadership Training 60 minutes	Saturday 12:25p-1:25p					

*Effective July 1, 2024