PREMIER MARTIAL ARTS

CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tiny Champions 30 minutes, age 3-4	4:30 pm	4:30 pm	3:30 PM	4:30 pm	4:30 pm	9:30 AM
Little Champions 30 minutes, age 4-7, Black Belt Training +15 min	5:45 pm	5:00 pm 6:30 pm	5:45 pm	5:45 pm 7:15 pm	5:00 PM	10:45
Kids Martial Arts 45 minutes, age 8-12, Black Belt Training +15 min	5:00 pm 6:30 pm	5:45 pm 7:15 pm	5:00 pm 6:30 pm	5:00 pm 6:30 pm	5:45 PM 7:15 PM	10:00 AM
Teens / Adults 1 hour, age 12+, Black Belt Training +30 min	8:00 PM	2:00 pm 8:00 pm		2:00 pm 8:00 pm	6:30 PM	
Premier Training Level One: 30 min, Level 2: 45 min	7:15 PM		7:15 pm advanced 8:15 p	5:15 PM 5:45 PM		9:00 AM

Arrive 5 minutes prior to scheduled class.

Quietly prepare for class, not disturbing the class in session.

Martial Arts begins and ends with maximum courtesy and respect.

Parents please maintain a quiet tone when a class is in session and please restrain from correcting your child. We do not want to disrupt the student on where they should be focused.

Seminars Offered Monthly

Parent's Night Out, Birthday Parties, Kid Safe Anti-Abduction, Bully Proof, ABC's of Success, Goal Setting, and more!

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