



CLASS SCHEDULE



| | MON | TUE | WED | THU | FRI | SAT |
|--|-------------|--------------------------|-------------|--------------------------|-------------|----------|
| Teen Krav Maga 45 minutes, 12-17, BBT +15 min | 5:30-6:30pm | 4:30-5:30pm | 5:30-6:30pm | 4:30-5:30pm | | |
| Adv. Teen Premier Class 60 min, 12-17, Purple Belt + | | | | | 5:15-6:15pm | |
| Adult Krav Maga 45 minutes, 18+, BBT +15 min | 6:30-7:30pm | 12-1:00pm 7:30-8:30pm | 12-1:00pm | 12-1:00pm 7:30-8:30pm | | 9-10am |
| Women's Krav Maga 45 minutes, 18+, BBT +15 min | | | 6:30-7:30pm | | | |
| Adv. Adult Premier Class 45 minutes, 18+, Purple Belt + | | | | | | 10-11am |
|  | 7:30-8:00pm | 7:00-7:30pm | 7:30-8:00pm | 7:00-7:30pm | | 8:30-9am |





CLASS SCHEDULE

| M-T A DAY / W-TH B DAY | MON | TUE | WED | THU | FRI |
|--|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------|
| Tiny Champs 30 minutes, ages 3-5 | | | | 4:00-4:30pm | |
| Lil' Champions 30 minutes, 5-7, BBT +15 mins | 4:00-4:30pm (4:00-4:45) BBT | 5:30-6:00pm (5:30-6:15) BBT | 4:00-4:30pm (4:00-4:45) BBT | 5:30-6:00pm (5:30-6:15) BBT | 4:30-5:15pm BBT |
| Kids Youth Krav Maga 30 min, ages 8-12, BBT +15 min | 4:45-5:15pm (4:45-5:30) BBT | 6:15-6:45pm (6:15-7:00) BBT | 4:45-5:15pm (4:45-5:30) BBT | 6:15-6:45pm (6:15-7:00) BBT | 4:30-5:15pm BBT |
| Adv. Kids Premier Class 60 mins, 8-18, Purple Belt + | | | | | 5:15-6:15pm |
| Kids/Teens DEMO TEAM! 60 mins Orange + | | | | | 6:15-7:00pm |

1540 Wakarusa Drive Ste. A
Lawrence, KS 66047

www.pmalawrence.com
785-749-4400

